















Allergen-Individual Product Sheet

For each dish created or ingredient used, the specific allergen box should be ticked. The allergen information can then be transferred to the allergen matrix.

Dish/Ingredient Name: _____

Reviewer: _____

Date: _____

 <p>Celery</p> <input type="checkbox"/>	 <p>Cereals containing gluten (specify which)</p> <input type="checkbox"/> _____	 <p>Crustaceans</p> <input type="checkbox"/>	 <p>Eggs</p> <input type="checkbox"/>	 <p>Fish</p> <input type="checkbox"/>
 <p>Lupin</p> <input type="checkbox"/>	 <p>Milk</p> <input type="checkbox"/>	 <p>Molluscs</p> <input type="checkbox"/>	 <p>Mustard</p> <input type="checkbox"/>	 <p>Nuts (specify which)</p> <input type="checkbox"/> _____
 <p>Peanuts</p> <input type="checkbox"/>	 <p>Sesame seeds</p> <input type="checkbox"/>	 <p>Soya</p> <input type="checkbox"/>	 <p>Sulphur Dioxide</p> <input type="checkbox"/>	<p>TICK ALL THE ALLERGENS WHICH ARE IN THE DISH</p> <input checked="" type="checkbox"/>

Notes